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DANIEL E. LUNGREN, Attorney General 1 of the State of California 2 JANA L. TUTON, Supervising Deputy Attorney General GAIL M. HEPPELL, 3 Deputy Attorney General 1515 K Street, Suite 511 4 P.O. Box 944255 Sacramento, CA 94244-2550 5 Telephone: (916) 324-5336 6 Attorneys for Complainant 7 BEFORE THE MEDICAL BOARD OF CALIFORNIA 8 DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA 9 In the Matter of the Accusation D-4700No. 10 Against: 11 STIPULATION, DECISION GILBERT RAY SAINZ, M.D. 3220 American River Dr. AND ORDER 12 Sacramento, CA 95825 Physician's and Surgeon's 13 Certificate No. C31264 14 Respondent. 15 IT IS HEREBY STIPULATED by the parties to the above-16 entitled matter that the following is true: 17 Gilbert Ray Sainz, M.D. (hereinafter "respondent") 18 1. was issued Physician's and Surgeon's Certificate number C31264 by 19 the Board. At all times pertinent herein, said certificate was 20 and currently is in full force and effect. 21 On or about March 31, 1992, an accusation bearing 2. 22 number D-4700 was filed by Kenneth J. Wagstaff, Executive Director of the Medical Board of California (hereinafter "Board") 24 Said accusation listed causes for 25 in his official capacity. disciplinary action against respondent, and said accusation is 26 incorporated by reference as though fully set forth at this

point. Respondent was duly and properly served with accusation number D-4700 by certified mail, and respondent filed a timely Notice of Defense requesting a hearing on the charges contained in the accusation.

- 3. Respondent has retained as his counsel Richard K. Turner, Esq. Respondent has fully discussed with his counsel the charges and allegations of violations of the California Business and Professions Code alleged in accusation number D-4700 and has been fully advised of his rights under the Administrative Procedure Act of the State of California. Said rights include his rights to a formal hearing and opportunity to defend against the charges contained therein, reconsideration and of any adverse decision that might be rendered following said hearing. Said respondent knowingly and intelligently waives his rights to a hearing, reconsideration, appeal and to any and all other rights which may be accorded to him pursuant to the Administrative Procedure Act regarding the charges contained in accusation number D-4700 subject to the provisions of paragraph 6 herein.
 - 4. Respondent admits the following:
- A. In 1975, patient Cynthia K. began seeing respondent at his office at Kaiser Permanente in Sacramento for allergy problems. She was 21 years old. Over the next few years she continued to see the respondent for allergy problems.
- B. In or about 1981 or 1982, she began having problems with her husband (who was becoming increasingly disabled) and became severely depressed. She confided in respondent who comforted her. She began seeing respondent

approximately three (3) times a week for her depression.

Initially, respondent comforted her by listening to her,

prescribing antidepressant medication, and holding her.

Gradually, the physical contact became more sexual in nature. In

or about December 1982 or January 1983, they went to bed together

for the first time. From approximately 1983 to June 1985, they

had sexual relations at Kaiser Hospital and Clinic, at motels in

the Sacramento area, and at her home. During the time she was

having sexual relations with respondent, respondent continued to

prescribe antidepressant medication and treat her on a regular

basis as an allergy patient at Kaiser.

- C. The facts admitted in paragraphs 4A and 4B constitute unprofessional conduct and grounds for disciplinary action as set forth in Business and Professions Code section 726.
- 5. It is stipulated and agreed by and between the parties that the admissions herein are deemed true only for the purpose of (1) this proceeding, (2) any other proceeding before the Board, and (3) or any action taken by or before any governmental body responsible for licensing physicians.
- 6. In the event that this Stipulation, Decision and Order is not accepted and adopted by the Medical Board of California, the stipulations and characterizations of law and fact made by all parties herein shall be null, void, and inadmissable in any proceeding involving the parties to it.

WHEREFORE, it is stipulated that the Medical Board of California may issue the following Decision and Order:

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Physician's and Surgeon's Certificate number C31264 issued to respondent Gilbert Ray Sainz, M.D. is revoked.

However, revocation is stayed and respondent is placed on probation for seven (7) years on the following terms and conditions:

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1. Within thirty (30) days of the effective date of this decision, and on a periodic basis thereafter as may be required by the Division or its designee, respondent shall undergo a psychiatric evaluation (and psychological testing, if deemed necessary) by a Division-appointed psychiatrist who shall furnish a psychiatric report to the Division or its designee.

If respondent is required by the Division or its designee to undergo psychiatric treatment, respondent shall within thirty (30) days of the requirement notice submit to the Division for its prior approval the name and qualifications of a psychiatrist of respondent's choice. Upon approval of the treating psychiatrist, respondent shall undergo and continue psychiatric treatment until further notice from the Division. Respondent shall have the treating psychiatrist submit quarterly status reports to the Division.

- 2. Respondent is prohibited from engaging in solo practice.
- 3. Respondent is prohibited from obtaining new employment unless prior approval has been given by the Board. Respondent is currently working as a physician for the State Correctional System. Employment at a State Correctional Facility is approved by the Board.

13.

- 5. Respondent shall notify his current employer and all future employers of the terms and conditions of his probation.
- 6. Within 60 days of the effective date of this decision, respondent shall submit to the Division for its prior approval a course in Ethics, which respondent shall successfully complete during the first year of probation.
- 7. Respondent shall obey all federal, state, and local laws, and all rules governing the practice of medicine in California.
- 8. Respondent shall submit quarterly declarations under penalty of perjury on forms provided by the Division, stating whether there has been compliance with all conditions of probation.
- 9. Respondent shall comply with the Division's probation surveillance program.
- 10. Respondent shall appear in person for interviews with the Division's medical consultant upon request at various intervals and with reasonable notice.
- 11. Respondent shall be prohibited from supervising physician's assistants during the period of probation.
- 12. The period of probation shall not run during the time respondent is residing or practicing outside the jurisdiction of California. If, during probation, respondent moves out of the jurisdiction of California to reside or practice

1	elsewhere, respondent is required to immediately notify the
2	Division in writing of the date of departure, and the date of
3	return, if any.
4	13. Upon successful completion of probation,
5	respondent's certificate will be fully restored.
6	14. If respondent violates probation in any respect,
7	the Division, after giving respondent notice and the opportunity
8	to be heard, may revoke probation and carry out the disciplinary
9	order that was stayed. If an accusation or petition to revoke
10	probation is filed against respondent during probation, the
11	Division shall have continuing jurisdiction until the matter is
12	final, and the period of probation shall be extended until the
13	matter is final.
14	DANIEL E. LUNGREN, Attorney General of the State of California
15	,
16	DATED: 1/34/93 By m. M. HEPPENI.
17	Deputy Attorney General
18	Attorneys for Complainant
19	
20	RICHARD K. TURNER
21 PARTED. 9.7.1.93 By () 431 June	DATED: 9.21.93 By (A 2)
22	RICHARD K. TURNER
23	Attorney for Respondent
24	I HAVE READ the Stipulation, Decision, and Order. I
25	understand that I have the right to a hearing on the charges
26	contained in the accusation, the right to cross-examine

27 witnesses, and the right to introduce evidence in mitigation. I

- 11	
1	knowingly and intelligently waive all of these rights, and
2	understand that by signing this stipulation, I am permitting the
3	Medical Board of California to discipline my license. I under-
4	stand the terms and ramifications of the Stipulation, Decision,
5	and Order and agree to be bound by its terms.
6	DATED: 9/13/93.
7	
8	Gilbert Ray Sainz, M.D.
9	Respondent (
10	
11	DECISION
12	The stipulation is hereby adopted by the Division of
13	Medical Quality of the Medical Board of California as its
14	decision in the above-entitled matter.
15	This Decision shall become effective on <u>December 31</u> ,
16	1993.
17	IT IS SO ORDERED <u>December 1</u> , 1993.
18	DIVISION OF MEDICAL QUALITY MEDICAL BOARD OF CALIFORNIA
19	
20	By: Theresa / Claassen_
21	THERESA L. CLAASSEN Secretary/Treasurer
22	
23	
24	
25	
26	

- 1	
1	DANIEL E. LUNGREN, Attorney General
2	of the State of California JANA L. TUTON, Supervising
3	Deputy Attorney General GAIL M. HEPPELL
4	Deputy Attorney General 1515 K Street, Suite 511
5	P.O. Box 944255 Sacramento, California 94244-2550 Telephone: (916) 324-5336
6	Attorneys for Complainant
7	BEFORE THE
8	MEDICAL BOARD OF CALIFORNIA DIVISION OF MEDICAL QUALITY
9	DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA
10	In the Matter of the Accusation) No. D-4700
11	Against:
12	GILBERT RAY SAINZ, M.D.) ACCUSATION 3220 American River Drive)
13	Sacramento, CA 95825 ()
14	Physician's and Surgeon's) Certificate No. C31264)
15	Respondent.)
16	
17	Kenneth J. Wagstaff, alleges as follows:
18	1. He is the Executive Director of the Medical Board
19	of California (hereinafter "Board") and makes and files this
20	Accusation solely in his official capacity.
21	2. On July 8, 1969, respondent Gilbert Ray Sainz,
22	M.D., (hereinafter "respondent") was issued Physician's and
23	Surgeon's Certificate number C31264 by the Board. At all times
24	mentioned herein, said certificate was in full force and effect.
25	3. Sections 2220 and 2234 of the Business and
26	Professions Code (hereinafter "Code") provide, in pertinent part,
27	that the Division of Medical Quality may take action against the

holder of a Physician's and Surgeon's Certificate who is guilty of unprofessional conduct.

- 4. Section 726 of the Code provides, in part, that the commission of any act of sexual abuse, misconduct, or relations with a patient which is substantially related to the qualifications, functions or duties of a physician and surgeon constitutes grounds for discipline.
- 5. Respondent is subject to disciplinary action pursuant to Code section 726 in that he is guilty of engaging in sexual misconduct and/or relations with a patient as follows:
- A. In 1975, patient Cynthia K. began seeing respondent at his office at Kaiser Permanente in Sacramento for allergy problems. She was 21 years old. Over the next few years she continued to see the respondent for allergy problems.
- B. In or about 1981 or 1982, she began having problems with her husband (who was becoming increasingly disabled) and became severely depressed. She confided in respondent who comforted her. She began seeing respondent approximately three (3) times a week for her depression. Initially, respondent comforted her by listening to her and holding her. Gradually, the physical contact became more sexual in nature. In or about December 1982 or January 1983, they went to bed together for the first time. From approximately October 1984 to June 1985, they had sexual relations at Kaiser Hospital and Clinic, at motels in the Sacramento area, and at her home. During the time she was having sexual relations with respondent, she was also seeing him on a regular basis as an allergy patient at Kaiser.

WHEREFORE, complainant prays that the Division of 1 Medical Quality hold a hearing on the matters alleged herein and, 2 following said hearing, issue a decision: 3 4 1. Suspending or revoking Physician's and Surgeon's 5 Certificate number C31264 heretofore issued to respondent 6 Gilbert Ray Sainz, M.D.; 7 Prohibiting respondent from supervising physi-8 cian's assistants; 9 3. Taking such other and further action as the 10 Division deems necessary and proper. DATED: March 31, 1992 . 11 12 13 14 15 Medical Board of California 16 Department of Consumer Affairs State of California 17 Complainant 18 19 20 21 22 23 24 25 26